

**PAR EXCELLENCE COURSE
EVALUATION**

**Suture Centre, Hull Teaching Hospitals
Friday 7th May and Saturday 8th May 2021**

**Feedback based from 20 delegates
1=low and 5=high**

Do you think the course was well organised?

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Is there anything you would change about the format of the course?

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1=nothing at all

None, it was just perfect.

Very well structured, paced and organised!!!

Presenting some technical videos before exercise (e.g. wet lab YouTube videos) would be useful.

Really enjoyed egg and banana challenge.

Nothing, excellent.

Was the content of the course what you were expecting?

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Better than expected.

I had expected to do actual anastomosis. I understand though that OMI on the pig is smaller.

Egg practice and gold were a real surprise.

Exceeded expectations.

Absolutely.

AMAZING!

Would you recommend this course to one of your colleagues?

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Definitely yes!

Really good detail on technical skills of circumflex anastomosis.

Absolutely, more importantly I will be back to do the course again.

Sure

Absolutely excellent course, one of the best if not the best I've been to.

Definitely.

A must-do course for any aspiring cardiovascular surgeon!

Did the correspondence that was provided with the course give you all the information you needed? Would you have liked to have had any other details?

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I would like to have all the questions answered in paper so that I can read at home months after the course has ended.

Lots of free parking in residential area opposite entrance 3. This could be mentioned beforehand.

Pre course material might have helped me better prepare for the course.

Were the interactive sessions instructive?

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I would suggest if we can see the stitching technique live rather than just explanation (a video will be fine also).

All trainers were passing to assess our progress. Everything was very good.

Yes

Very useful tips and tricks.

Did the home recipes work for you?

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The exercise with the egg specifically helped a lot. It requires delicacy not to tear it apart, even slightly.

Banana exercise in particular was a great recipe.

Did the practical's make sense?

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If and when there may be any confusion, doing it and in particular help from the excellent faculty was most helpful.

What did you enjoy the most?

Breaking it down to basics e.g. posture, holding the needle.

The opportunity to work with realistic models.

Circumflex anastomosis.

Wet lab – coronary artery stenosis.

Practical with non-dom hand.

Social aspect (golf, meals, wine).

All the anastomosis and banana part.

The practicality and faculty support.

Wet lab

Circumflex anastomosis, learnt how to use left non dominant hand.

The content and the hands on nature of the course and of course the faculty.

Explanation why anastomosis bleeds and how to avoid.

The subtle detail like standing, good equipment.

All hands on sessions were really good, I really wanted to have some extra time to repeat exercises.

The explanation from the consultants while we are doing the anastomosis.

To have simple tips and instructions whilst doing the first anastomosis.

Small tips and tricks.

The practice/ position.

Principles of operating in any situation.

Overall course was really interesting; facilitators were amazing especially Mr O'Regan.

The opportunity to do anastomosis in realistic material in the wet lab. Very interactive breakout sessions. Very valuable to listen to facilitators different opinions in various difficult situations, thank you!

What did you feel was least relevant?

Probably the golf, but enjoyed it thoroughly and got the chance to get to know the other delegates.

All seemed V relevant!

Nothing, every single second was very much relevant.

Nothing.

The visit at the gold club, I understand that the point was to make us pay attention to the proper set up but I hardly understood the relationship. It was fun though!

Nothing all was well throughout.

Nothing I would exclude.

Ethicon talks

The extra hand needle

Did this course fulfil your personal educational objectives?

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Better than expected!

Better than expected.

Really good starting points

I feel much more confident and inspired to practice daily

How would you rate the variety and quality of the food offered?

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The food in the restaurant was of poor quality.

Hotel was brilliant

SPEAKERS:

How would you rate the speakers?

Mr. David O'Regan

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Professor Mahmoud Loubani

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Mr. Sotiris Papaspyros

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Mr. Martin Jarvis

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Mr. Mubarak Chaudhry

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All very helpful, very approachable, give many tips and tricks to sort out problems.

Thank you! ☺

All were fantastic but Mr Sotiris was outstanding. I really liked his teaching style.

Very well organised course, great opportunity to practice in the wet lab. Very valuable opinions from very experienced and approachable faculty. Faculty members were very nice during practical sessions to help us through. Thank you very much!!!

Thank you for your time and support!

Great faculty, knowledgeable, supportive and engaging.
Overall really good course, well delivered. Only minor, the noise/feedback from the laptop zoom call was quite distracting during the lecture, perhaps next time the call could be muted during the talk.
Probably the best skills course I have done. It fitted perfectly with my objectives as a junior registrar.
Remarkable value for money.
Engaging, enthusiastic, knowledgeable and approachable trainers, the faculty really made the course.
Thank you ☺
Thank you very much, one of the best wet lab I have booked.
Really enthusiastic, really helpful and non-judgemental.
The Faculty were the best part of the course; they were so so helpful during, particular in helping explain as well as providing feedback on technique. Mr O'Regan's delivery and enthusiasm throughout was sublime. Mr Papsyros was particularly helpful and provided great help during the practical's, as did Mr Chaudhry.